

Encouraging over 50's to Plan Ahead.

A SOPS team was out in force at the Discovery Award Association over 50's event in Motherwell Civic Centre on 6th March. Terry – Ann O'Donnell and Vivienne Malcolm hosted a "stall" in the Exhibition section whilst David Borrowman addressed a large audience in the auditorium on "planning for the future".

The event was very well attended – with parking space at a premium. Various bodies were represented in the exhibitors' area – including Alzheimer Scotland, the Voice of Experience, the NHS and many others. This gave those attending the event a good opportunity to learn about many issues facing older people.



Terry Ann O'Donnell

As always the talk about preparing for the future, covering wills, powers of attorney, living wills and care costs stimulated some lively discussion. Vivienne and Terry had to field numerous questions from visitors to the stall.

Vivienne Malcolm

Sadly the stories our team heard and the questions we were asked confirmed it is only too clear that many older folk just don't plan ahead as they should. Hopefully if SOPS can continue to engage directly with the older public we can get over the message that preparing ahead gives much better outcomes for families where illness, infirmity or death affect a family member.



David Borrowman addressing the crowd of around 100.

Well done to the organisers for a very well run event!

